

上海外国语大学
2003 年攻读硕士研究生入学考试
英语语言文学专业翻译试卷
(180 分钟, 总分 150 分, 共 4 页)

得 分	
阅卷人	

I. Translate the following into English (75 分):

丁玲幼年就领略了世态炎凉, 目睹过封建社会人们悲惨的遭遇。是“五四”运动的浪潮, 把她推向广阔的社会。青年时代的丁玲一步入文坛, 就显露出非凡的才华。三十年代“左联”时代血与火的洗礼造就了她更坚强的性格。她曾遭受敌人的绑架囚禁, 也曾活跃在西北战场的枪林弹雨中。华北农村土地改革的风浪孕育了长篇名著《太阳照在桑干河上》。新中国诞生后, 她满腔热情地为繁荣社会主义文艺事业辛勤奔波。

她脚下的路过于崎岖。多次错误的批判, 横空飞来的“反党”、“右派”帽子, 曾严重地伤害过她。在北大荒, 在狱中, 在太行山, 丁玲顶着巨大的压力, 默默无闻地工作着, 送走了二十多年宝贵的光阴。

然而, 谈起往事, 丁玲总是说: “我受难的时候, 党和人民也在受难”, “我搜索自己的感情, 实在找不到更多的抱怨”。

七十五岁时重返文坛, 丁玲没有时间为自己的遭遇呻吟叹息。她就像年轻人一样急切地捧出了一枝报春的红杏——《杜晚香》, 忘情地投入新的生活和创作。她奔波于大江南北, 游历于欧、美、澳大陆, 会见各种人, 发表演说, 奋笔疾书, 写散文, 写评论, 每年都有十多万字的新作, 每年都有新书问世。晚年的丁玲, 迎来了一个宝贵的创作旺盛期。她珍惜夕阳的余辉, 计划在有生之年再写三本书: 《魍魉地狱》、《在严寒的日子里》和《风雪人间》。她要把自己一生几个重要时期的经历和感受, 把对人民的爱, 对敌人的恨, 都熔入笔端倾泻在新作中。

得 分	
阅卷人	

II. Translate the following into Chinese (75 分):

What's Your Best Time of Day?

Most of us seem to reach our peak of alertness around noon. Soon after that, alertness declines, and sleepiness may set in by mid-afternoon.

Your short-term memory is best during the morning---in fact, about 15 percent more efficient than at any other time of day. So, students, take heed: when faced with a morning exam, it really does pay to review your notes right before the test is given.

Long-term memory is different. Afternoon is the best time for learning material that you want to recall days, weeks or months later. Politicians, business executives or others who must learn speeches would be smart to do their memorizing during that time of day. If you are a student, you would be wise to schedule your more difficult classes in the afternoon, rather than in the morning. You should also try to do most of your studying in the afternoon, rather than late at night. Many students believe they memorize better while burning the midnight oil because their short-term recall is better during the wee hours of the morning than in the afternoon. But short-term memory won't help them much several days later, when they face the exam.

By contrast, we tend to do best on cognitive tasks---things that require the juggling of words and figures in one's head---during the morning hours. This might be a good time, say, to balance a checkbook.

Your manual dexterity---the speed and coordination with which you perform complicated tasks with your hands---peaks during the afternoon hours. Such work as carpentry, typing or sewing will be a little easier at this time of day.

What about sports? During afternoon and early evening, your coordination is at its peak, and you're able to react the quickest to an outside stimulus---like a baseball speeding toward you at home plate. Studies have also shown that late in the day, when your body temperature is peaking, you will perceive a physical workout to be easier and less fatiguing---whether it actually is or not. That means you are more likely to work harder during a late afternoon or early evening workout, and therefore benefit more from it. Studies involving swimmers, runners, shot-putters and rowing crews have shown consistently that performance is better in the evening than in the morning.

In fact, all of your senses---taste, sight, hearing, touch and smell---may be at their keenest during late afternoon and early evening. That could be why dinner usually tastes better to us than breakfast and why night lights irritate us.

Even our perception of time changes from hour to hour. Not only does time seem to fly when you're having fun, but it also seems to fly even faster if you are having that fun in the late afternoon or early evening, when your body temperature is also peaking.

While all of us follow the same general pattern of ups and downs, the exact timing varies from person to person. It all depends on how your "biological" day is structured---how much of a morning or night person you are. The earlier your biological day gets going, the earlier you are likely to enter---and exit---the peak times for performing various tasks. An extreme morning person and an extreme night person may have circadian cycles that are a few hours apart.

Each of us can increase our knowledge about our individual rhythms. Learn how to listen to the inner beats of your body; let them set the pace of your day. You will live a healthier---and happier---life.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.